A black and white photograph of a man performing a parkour move. He is shirtless, wearing dark pants and sneakers, and has a large tattoo on his chest. He is balancing on a metal beam, with his body angled towards the right. The background is a complex metal structure, possibly a bridge or industrial building. The overall mood is gritty and athletic.

ANGELOS POULIS

A C T O R . P A R K O U R . S T U N T S



ANGELOS
POULIS

BE PHENOMENAL OR BE FORGOTTEN

ABOUT ME

Hollywood based actor and stunt performer, I am known for my action skills, my leading roles in TV commercials for major companies and for several distinguished productions in the Film Industry.

Shortly after moving to Los Angeles in 2016 I landed the lead role for the National TV spot "The Runner", chosen by the Oscar winner Director Tom Hooper and worked with the exec. Producers Matt Damon & Ben Affleck.

I'm born and raised in Europe, and known as the Greek Parkour pioneer. I founded the first official Greek Parkour team, NSA and I have co-hosted the biggest Parkour / Freerunning event in the world, "Red Bull Art of Motion" in Santorini, four years in a row.

As a filmmaker I have been awarded in International Film Festivals and several contests, for my very own productions.

- Why did I make it to where I am today? And why will I get to where I want to be in the future?

My confidence comes from my clear vision. I follow my own path, stay true to myself, fueled by my passion, dreams and purpose, I am waking up fired up everyday ready to smash my goals, see the impossible as challenges, limits as milestones, failure as lessons. Train to be better than I was yesterday.

Through my work and accomplishments I strive to reach, inspire and motivate others to live out their own dreams, find their own purpose and create their own future.



THE RUNNER

A GO90™ Original Series

"ESCAPE EMBODIES AN ADVENTUROUS, UNSTOPPABLE SPIRIT THAT FITS WITH THE MINDSET OF 'THE RUNNER,' SO IT WAS A NATURAL FIT,"



Products: Go90 App

Actors: Angelo S Poulis, Ben Affleck, Matt Damon



Shortly after moving to the U.S in 2016, Angelos was cast as the lead actor in the "VERIZON", national spot promoting "THE RUNNER", a go90 original series produced by Matt Damon and Ben Affleck. Angelos was directed by Oscar-winning director Tom Hooper, one of the Hollywood's highest-regarded directors, making a clear indication of his intent.

" In the Verizon go90 spot, Angelos plays the leading role of the Runner, who is being chased by a special team of chasers. Angelos Poulis is followed throughout a series of action scenes taking part in the main area of DTLA, under the guidance of our expert stunt co-coordinator, Mr. Eddie Braun (stunt coordinator in over 195 projects so far as well as in films such as The Avengers, Pain and Gain, Transformers, Mr. and Miss Smith)

It is evident that for a major company such as Verizon, and that with so many big names involved, we had to deliver the best results. Angelos was absolutely critical to the success of the project, as the most crucial story lines and conflicts revolve around him.

We, at Smuggler, being one of the most distinguished and popular production companies, could have chosen from a number of talented actors when casting for the Runner's role. We specifically chose Angelos Poulis however, because he is one of the best. The high quality of his previous work made us and the director Mr. Tom Hooper, confident that Angelos was the perfect fit for the leading role of the Runner. He has the talent required to make a lasting contribution to the entertainment industry in the United States."

Andrew Kolon, Head of Production in Smuggler.

Thereafter Angelos cast in the TNT NETWORK series "The Last Ship", an action thriller TV show, and in that same month had the opportunity to stunt double for celebrity actor Dylan O'Brien, in print work, for his upcoming action thriller film "American Assassin". But he didn't stop there.

He was the principal for an HLN / CNN promo film, all about mystery, intrigue and true crime. A film that would express the channel's macabre personality by nodding to all six of its headline shows and where the composition would tell the story rather than the action!

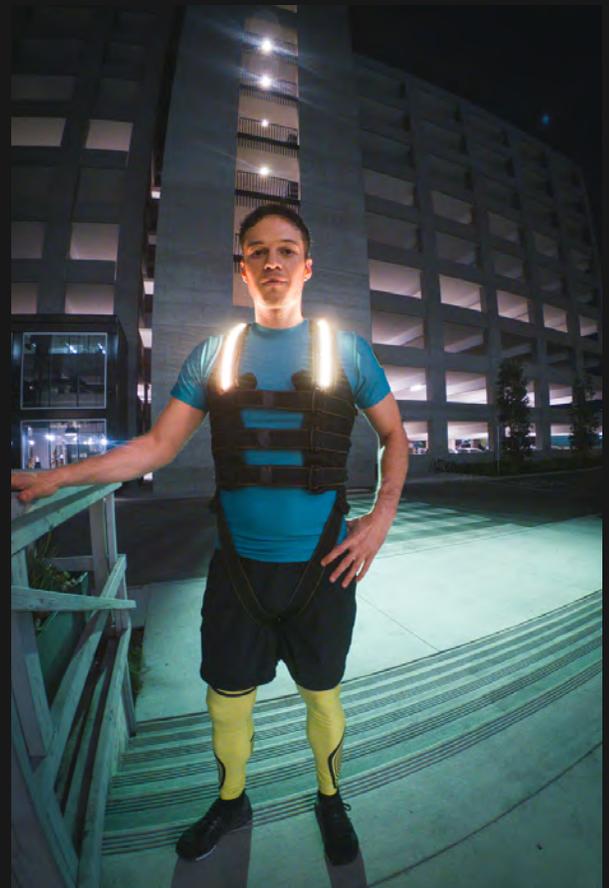
In early 2019 he had the opportunity to star in the brand new CBS promo for the competition show "Million Dollar Mile", a high-stakes competition series that challenges everyday athletes' physical and mental toughness. Angelos starred next to the exec. producer LeBron James. Standing in his way was the most challenging course ever designed and a group of elite athletes with one mission – stop him from "winning the money" at all costs.

"He is a truly one of the topmost action film actors who possess great skills and unique abilities. I learned everything about his great work in Europe, his amazing parkour / stunts skills he has performed in various projects there and how he uses the athlete-champion mindset in order to achieve his goals and further pursue his acting career. I will never forget the expression he used about the big competition in the industry: " I see Hollywood like the Olympic Games, everyone is here to compete for the gold medal. I you play the game like a real champion does, train hard and give it all you have got and never quit, then you are already ahead of many actors"

The combination of Angelo's special skills and techniques, plus his progressive experiences in acting make him a much sought after actor for major productions in the U.S."



Anthony Azizi - Actor (Transformers, Lost, Prison Break, Robocop...)



He has appeared in various international feature films, including *Cloudy Sunday* (2015), directed by the well-known Greek director Manousos Manousakis. This film had several nominations and won three awards in the Hellenic Film Academy Awards. In addition he starred as actor and stunt performer in the feature film “*Sta kala kathoumena*” back in 2014, directed by the renowned Nick Zepatinas. With his role and performance in this film he became the first in history to introduce action stunts (parkour) to the Greek Cinema.

His successes as an actor has allowed him the opportunity to be cast in several other notable productions as well. For the last years, He has had leading roles for viral Music videos like in “*Vegas-Pio Psila*” which counts over 25.000.000 views and it is “if not the best, one of the best Greek video clips of all time. The success of this song was so huge that it was in Greek airplay for over 70 consecutive weeks in Greek airplay and its one of the most successful Greek singles in Greece iTunes chart history. He has also appeared as the lead actor for the music hit “*Monophonics – Strange love*” which counts over half a million views on Youtube so far. Monophonics are one of the most popular American psychedelic soul band from San Francisco, California.

Not content with only being in front of the camera, Angelos has an unquestionable talent behind the lens as a director, writer, editor and producer. In 2008 his appetite was lit by winning 1st prize in the MAD TV Greece video competition two years in a row, which was the first of more to come. Recently he won an international award at Athens 4th International Film Festival, for his very own action sci-fi short film “*Dragonborn – The Eternal Warriors*” of which he was the director, producer, writer, editor as well as lead actor and stuntman.



COMMERCIAL

Within the last few years, he has appeared as the lead actor in a large number of national and international commercial productions for several distinguished business corporations in Europe and in the U.S such as "YAMAHA" a Japanese multinational corporation and conglomerate based in Japan with a very wide range of products and services,| "PEUGEOT" the French car manufacturer, part of Group PSA. (French multinational manufacturer of automobiles and motorcycles, second largest car manufacturer in Europe),| "VERTICAL" a commissioned art work video exhibited on the SVLA1 screen at the Courtyard Marriott in Downtown LA at the top of every hour. He is continually praised by directors for his passion, enthusiasm, professionalism, can-do attitude and ability to collaborate, making him someone who is constantly in demand and someone who is asked back to work with clients again and again.



PARKOUR PIONEER

Known as the Greek Parkour pioneer and founder of the first official Greek Parkour team "NSA" in 2007. He first introduced and represented the sport in multiple interviews on popular TV shows, in major trade publications and websites. First to show parkour in masses through his work on TV Commercials, Music Videos, Films and his own online videos. He has hosted the biggest worldwide Parkour-Freerunning competition "RED BULL ART OF MOTION", a show that runs worldwide through Red Bull TV, and has brought his skills and extensive knowledge to the show, four years in a row. He has inspired young kids to start practising the sport, motivating them to live out their own dreams, find their own purpose and create their own future, making him an icon for many young people.



PRESS | MEDIA

As one of Greece's premiere stunt performers and actors, Angelos and his work have been the subject of numerous articles, reviews, and interviews in major media including prominent lifestyle magazines and major national newspapers including Sporty (circulation 60,000), Metro (circulation 250,000), Eleytheros Typos (circulation 130,000), City Way (circulation 20,000), and City Press (circulation 250,000), international websites such as Greek Hollywood Reporter, Famous Grouse and many more. He has also been interviewed in all of the major Greek TV channels who broadcast internationally.









SKILLS

As a Pro Parkour athlete I am able to combine my stunts and athletic skills with my acting. If you can envision a guy who stands out in the crowd, with a unique accent, and who isn't your run to the mill actor, that guy would be me.

With years of experience behind the camera working with directing, producing and editing i have a very good knowledge of equipment, and thereby, a very good insight and understanding of film making from all "angles", which gives me a great advantage when in front of the camera.

I am determined, goal oriented and have an ambitious drive. I am disciplined and self taught in many of my skills and grab any opportunity I can to seek and gain new knowledge.

I am a pioneer and an entrepreneur and already have a following and loyal audience. I use my role as a public figure to motivate, inspire and help others.

I am a lean mean self-promoting machine. I create and design my own promotional material and with my advertising skills and unique, specific branding style. I deliver what's needed and then some.

I am a full package, and with the right representation, sky really is the limit!



Promotional Management

- Create / Design of self promotional material
- Advertisement skills
- Social media / platforms self-promo
- Self-development / Coaching
- Creating opportunities
- Visionary



Behind the Camera

- International award winning filmmaker
- Film equipment knowledge
- Three times Award winning Editor
- VFX artist
- Sound Engineering
- Photoshop Expert



Acting

- Pro parkour athlete
- Stunts
- Unique accent
- Action hero Type
- Clear Vision of my Branding
- Knowledge of who my buyers are
- Strategy and business plan with short / long term goals.



Public Figure

- Greek parkour pioneer
- Hosting worldwide parkour events
- Interviewed / featured in major TV-shows, talk shows, magazines and newspapers
- Motivational speaker for Tedex
- Inspirational icon

- Hair: Dark Brown
- Eyes: Brown
- Height: 5' 10"
- Weight: 160 lbs.

TELEVISION

- | | | |
|-------------------------------|------------|-------|
| • The Last Ship | Guest star | TNT |
| • Million Dollar Mile (Promo) | Lead | CBS |
| • Empty Guns | Rec.Guest | Alpha |
| • Urban Heroes | Guest star | MAD |
| • Your Family of Mine | Guest star | Alpha |

FILM

- | | | |
|-----------------------|------------|-------------------|
| • Dead End | Lead | Zafeiris Haitidis |
| • Cloudy Sunday | Supporting | Man.Manousakis |
| • Sta Kala Kathoumena | Supporting | Nick Zapatinas |
| • Dragonborn | Lead | Angelos Poulis |
| • Segreto | Lead | Jim Mangioros |
| • The Jumper | Lead | Nana Loukou |
| • 10x10 | Lead | OPAP |

COMMERCIAL

- | | | |
|---------------------------|------|---------------------------|
| • Verizon go90 (National) | Lead | Tom Hooper (Oscar) |
|---------------------------|------|---------------------------|
- *Trailer for "The Runner" produced by Matt Damon / Ben Affleck*

- | | | |
|---------------------|-----------|------------------|
| • Yamaha | Principal | Mt.Melvil |
| • CNN / HLN | Principal | Dan Gifford |
| • Peugeot | Principal | Vardis Marinakis |
| • Vodafone CU | Principal | XYZ |
| • Nescafe | Principal | Kostas Maroutis |
| • Vertical | Principal | Standard Vision |
| • King's Brioche | Principal | Zach King Team |
| • Emporiki Bank | Principal | Stefi |
| • Piraeus Bank | Principal | Bob Harlow |
| • Deutsche Telekom | Principal | Eric Will |
| • Molto Croissant | Principal | Avion Films |
| • AXA | Principal | Kostas Maroutis |
| • Cosmote | Principal | Kostas Maroutis |
| • Amita | Principal | Feelme |
| • Evga Ice Creams | Principal | Coffee Films |
| • Lidl | Principal | Kostas Maroutis |
| • Comoste What's Up | Principal | Kostas Maroutis |
| • Molto Borcetto | Principal | Filmiki |
| • Johny Walker | Principal | |
| • 14814 | Principal | |
| • Wind | Principal | |
| • City Press | Principal | |

MUSIC VIDEO

- Monophonics - Strange Love - Lead
- Vegas - Pio Psila - Lead
- De Niro - Higher - Lead
- Skies - Mistiki Sintagi - Supporting

PRINT

- Dylan O'Brien / Stunt Double
- Sprite / Pakour Pro icon
- Men's Health / Clothing
- Second Skin / Clothing

HOST

- Red Bull Art of Motion 2011
- Red Bull Art of Motion 2012
- Red Bull Art of Motion 2013
- Red Bull Art of Motion 2014

SPECIAL SKILLS

Pro Parkour, Game Changer, Running, Stunts, Crossfit, Soccer, Basketball, Ping Pong, Swimming, Bicycle, Acrobatics, Martial Arts, Beach rackets, Driving: Car

LANGUAGES

- Greek (Native), English.

ACCENTS

- Greek, Italian, Russian, Spanish.

TRAINING

- Margie Haber Studio
- Clydee Bernardy
- Beverly Hills Playhouse
- Killian's Commercial
- Improvibe

“ I see Hollywood like the Olympic Games, everyone is here to compete for the gold medal. If you play the game like a real champion does, train hard, give it all you have got and never quit, then you are already ahead of many others... My confidence comes from my clear vision”

PHILOSOPHY

I put my self through challenges that force me to find the physical and mental strength to succeed. Parkour teaches me to touch the world and interact with it, instead of being sheltered by it. It is as much as a part of truly learning the physical art as well as being able to master the movements, it gives you the ability to overcome your fears and pains and reapply this to life as you must be able to control your mind in order to master the art of Parkour. I aim to quickly and efficiently overcome obstacles in my environment, using only my body and my surroundings to propel myself furthermore, I try to maintain as much momentum as is possible in a safe manner.



"Parkour influences one's thought processes by enhancing self-confidence and critical thinking skills that allow one to overcome everyday physical and mental obstacles"



Click to watch the theory put into ation



ANGELOS
POULIS

SOCIAL MEDIA

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IMDb

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WATCH REELS

